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MITC TIMES

FROM MI TRAINING COLLEGE, PONNANI



MITC FACULTY MEMBER PARTICIPATES IN DESIGN THINKING TRAINING PROGRAMME AT UNIVERSITY OF CALICUT

Ponnani: Dr. Ramitha Rahman PA, Assistant Professor at M.I. Training College, Ponnani, participated in a Two-Day Design Thinking Training Programme for Faculty Members under the Young Innovators Programme (YIP 9.0), held on 29 and 30 October 2026 at the University of Calicut.

The programme was organised by the Centre for Innovation and Entrepreneurship (CIE), University of Calicut, in association with the Kerala Development and Innovation Strategic Council (K-DISC). The programme commenced with a welcome address by Dr. Mohamed Shahin Thayyil, Director, Centre for Innovation and Entrepreneurship. Prof. C. D. Sebastian, Registrar, University of Calicut, naugurated the programme. Dr. Manoj A. S., Director, Rajdhani Business School and master Trainer, served as the resource person.

The training focused on practical approaches to design thinking, including problem identification, empathy-based learning, root-cause analysis, problem definition and the development of innovative solutions. The sessions provided faculty members with hands-on experience in applying design thinking methodologies to identify real-life challenges and develop creative solutions.

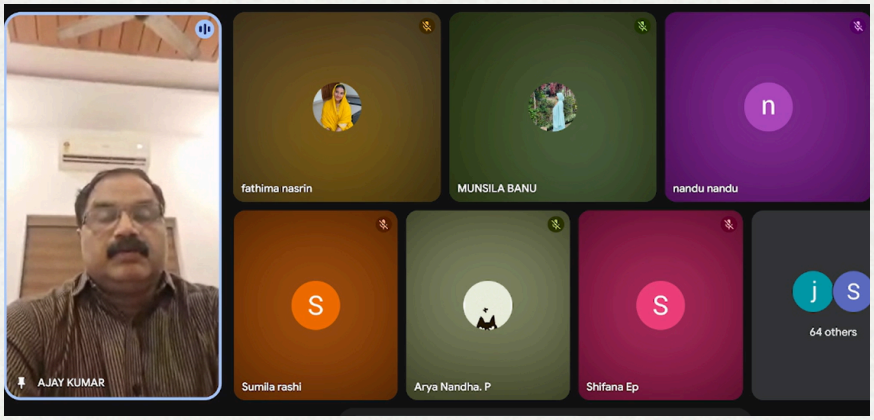
The programme offered valuable insights into innovation-oriented teaching and learning and strengthened the participants' ability to promote creativity, critical thinking and problem-solving skills among students. Dr. Ramitha Rahman PA's participation reflects M.I. Training College's commitment to innovation, professional development and quality teacher education.

MITC Principal Presents Research Paper at National Conference on Mental Health and Well-being in Schools

Ponnani: Dr. Noufal P., Principal of M.I. Training College, Ponnani, presented a research paper entitled "Academic Workload and Mental Well-being among Pre-Service Teachers" at the National Conference-cum-Exhibition on "Promoting Mental Health and Well-being in Schools: A Whole School Approach", organised by the Regional Institute of Education (RIE), NCERT, Ajmer, on 28 and 29 October 2026. The conference was conducted in hybrid mode.

The study examined perceived academic workload and mental well-being among pre-service teachers and explored the relationship between these two variables. It adopted a quantitative approach with a descriptive correlational research design.The findings highlighted important considerations for teacher education institutions, particularly in academic scheduling, workload distribution, internship coordination, mentoring and assessment planning. The study also recommended integrating time-management activities, stress-management practices and institutional support mechanisms to promote the mental health and well-being of pre-service teachers. The research emphasised the importance of creating supportive, balanced and well-being-oriented teacher education environments. The presentation marked a valuable academic contribution towards promoting mental health and strengthening the quality of teacher education.

Literary Lens Episode 124 Held



Ponnani: The Literary Club of M.I. Training College, Ponnani, organised the 124th episode of its literary programme, Literary Lens, on 30 October 2026. The programme, conducted every Friday at 7.30 p.m., aims to promote reading habits, literary appreciation and critical reflection among students and faculty members. The session featured Mr. Ajaya Kumar B., High School Teacher (Malayalam), Navamukunda HSS, Thirunavaya, as the presenter. He delivered an insightful review of the Malayalam literary work "Athreyakam", introducing the participants to its literary significance and encouraging critical engagement with literature.

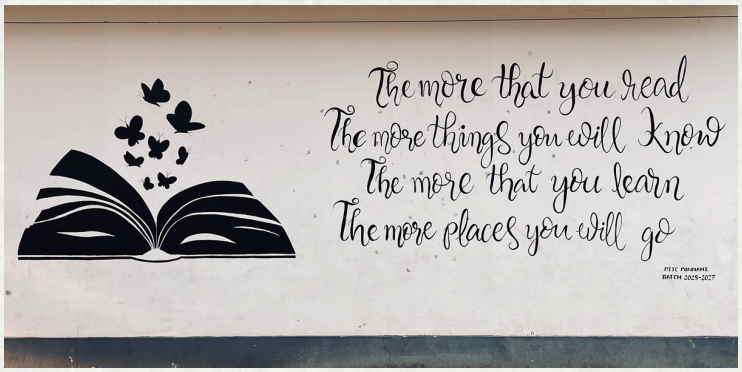
International Seminar Rescheduled to December

The international seminar titled "Education for All, Learning for Life: Open, Inclusive and AI-Enabled Learning," organised in connection with National Education Day and the 138th birth anniversary of Maulana Abul Kalam Azad, has been rescheduled to December 3–5, 2026, from its earlier dates of November 11–13.

The seminar is organised by the Department of Education, Majlis Arts and Science College (Autonomous), in collaboration with M.I. Training College, Ponnani, and Kannur Salafi B.Ed. College, Kannur. The three-day programme will be conducted in hybrid mode, enabling participants to attend both online and offline.

As per the revised schedule, the last date for registration is November 20, 2026, while abstracts and full papers must be submitted by November 25, 2026. Participants are required to submit their PowerPoint presentations using the prescribed template by December 30, 2026.

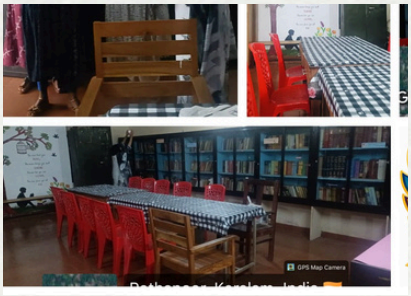
B.Ed Students Undertake Wall Painting at GMUPS Veliyancode



As part of their school internship activities, B.Ed students of M.I. Training College, Ponnani, participated in a wall painting initiative at Government Mappila Upper Primary School (GMUPS), Veliyancode. The activity aimed to enhance the aesthetic appeal of the school environment and create a colourful, attractive and child-friendly learning atmosphere. Through creative illustrations and meaningful visual representations, the student teachers contributed to making the school surroundings more vibrant and engaging. The initiative provided the B.Ed students with an opportunity to express their artistic talents, develop creativity and contribute to the improvement of the school environment. It also highlighted the importance of environmental beautification and experiential learning in teacher education. The activity reflected the commitment of M.I. Training College to community engagement and the holistic development of future teachers.

PREFACE – Library Renovation Inaugurated at Kadanchery School





As part of their school internship, B.Ed students of M.I. Training College, Ponnani, organised an innovative initiative titled “PREFACE” at Kadanchery School. The programme involved the renovation of the school library, aiming to create an attractive, welcoming and student-friendly reading space.

The initiative focused on promoting reading habits, encouraging independent learning and developing a reading culture among schoolchildren. It also provided student teachers with an opportunity to demonstrate their creativity, teamwork and social commitment while contributing to the school community.

First Semester Model Examinations Scheduled at MI Training College

M.I. Training College, Ponnani, conducted the First Semester Model Examinations for the 2026–2028 B.Ed. batch from November 4 to 10, 2026. The examinations were organised according to the timetable prepared by the college to ensure the smooth and systematic conduct of the assessment.

The model examinations aimed to assess student-teachers' understanding of the subjects covered during the semester and evaluate their academic progress. The examinations provided an opportunity for students to familiarise themselves with the university examination pattern, improve time management and identify areas requiring further attention.

The assessment also helped student-teachers strengthen their subject knowledge, build examination confidence and prepare effectively for the upcoming university examinations. The college arranged the necessary facilities and academic support to ensure the smooth conduct of the examinations. This initiative reflects the institution's commitment to maintaining academic standards and promoting excellence in teacher education.

Yoga Sessions Organised at GMUPS Veliyancode

B.Ed. trainee teachers of M.I. Training College, Ponnani, conducted a yoga session at GMUPS Veliyancode as part of their school internship programme. The session aimed to promote physical fitness, mental well-being and the importance of a healthy lifestyle among school students.

The session introduced students to various yoga practices, including basic postures, breathing exercises and relaxation techniques. Students participated enthusiastically and learned how regular yoga practice can improve concentration, flexibility and emotional balance. The initiative highlighted the importance of yoga in holistic education and provided trainee teachers with valuable experience in organising health and wellness activities at school.







