Issue 34 www.mitc.ac.in 25 October, 2026

MITC TIMES

FROM MI TRAINING COLLEGE, PONNANI



B.ED. STUDENTS OF MI TRAINING COLLEGE VOLUNTEER AT PONNANI SUBDISTRICT SASTHRAMELA

Ponnani, October 25: B.Ed. students of M.I. Training College, Ponnani, served as volunteers at the Ponnani Subdistrict Sasthramela held at various schools from October 22 to 24, 2026. Their participation provided valuable opportunities to gain practical experience beyond the classroom.

The B.Ed. students volunteered at the Work Experience Fair held at CMMUPS Eramangalam on October 22 and the Social Science Fair at PNUPS Kanhiramukku on October 22 and 23. They also served at the Science Fair at GHSS Thrikkavu and the Mathematics Fair at PHSS Ponnani on October 23 and 24.

The students contributed to the smooth conduct of the events through their voluntary service. Their involvement helped develop organisational, communication and teamwork skills while strengthening their understanding of school-level academic activities and educational event management.

The volunteering experience also offered the B.Ed. students an opportunity to interact with school teachers, students and organisers, helping them understand the importance of coordination and responsibility in educational programmes. The experience enriched their professional development and encouraged them to take an active role in supporting academic and co-curricular activities at the school level.

MI Training College Announces Winners of World Mental Health Day Letter Writing Competition


Jyothika K


Nitha Fathima C


Remeena Febi

M.I. Training College, Ponnani, organised a letter-writing competition as part of the World Mental Health Day special programmes on October 9, 2026. The programme was organised by the Counselling Cell and Women Development Cell to promote mental health awareness and encourage students to express their thoughts and perspectives through writing.

Jyothika K secured first prize in the letter-writing competition, followed by Nitha Fathima C, who won second prize. Remeena Febi bagged third prize for her performance in the competition. The event provided a platform for students to express their ideas and highlight the importance of mental health and emotional well-being.

The competition aimed to encourage creative expression, develop writing skills and promote open conversations about mental health among students. The initiative reflected the college's commitment to creating a supportive campus environment that values mental well-being and emotional resilience. The World Mental Health Day programmes also included a debate competition, providing students with opportunities to share their views and develop broader perspectives on mental health-related issues.

Literary Lens Episode 123 Held

The Literary Club of MI Training College, Ponnani, released the 123 th episode of Literary Lens on October 23, 2026. The programme aims to promote reading habits, literary appreciation and critical reflection among prospective teachers.

The episode featured Fathimath Aparna P.V., a B.Ed. student of the 2026–2028 batch from the Social Science Department, who presented a review of the Malayalam book Vridhasadanam by T.V Kochubava. The presentation offered an opportunity for students to explore literary themes and develop their reading and reviewing skills

International Seminar Rescheduled to December

The international seminar titled “Education for All, Learning for Life: Open, Inclusive and AI-Enabled Learning,” organised in connection with National Education Day and the 138th birth anniversary of Maulana Abul Kalam Azad, has been rescheduled to December 3–5, 2026, from its earlier dates of November 11–13.

The seminar is organised by the Department of Education, Majlis Arts and Science College (Autonomous), in collaboration with M.I. Training College, Ponnani, and Kannur Salafi B.Ed. College, Kannur. The three-day programme will be conducted in hybrid mode, enabling participants to attend both online and offline.

As per the revised schedule, the last date for registration is November 20, 2026, while abstracts and full papers must be submitted by November 25, 2026. Participants are required to submit their PowerPoint presentations using the prescribed template by December 30, 2026.

B.Ed. Trainees Organise Food Fest at AUP School, Puthuponnani





B.Ed. trainee teachers of M.I. Training College, Ponnani, organised a food fest at AUP School, Puthuponnani, as part of their school internship programme. The event provided an opportunity for the trainee teachers to showcase their organisational skills, creativity and teamwork. The food fest featured a variety of food items and created an engaging atmosphere for students and teachers. The programme encouraged collaboration, entrepreneurial skills and active participation among the trainee teachers while making the school internship experience more meaningful. The initiative reflected the importance of experiential learning in teacher education and helped the trainee teachers develop practical skills in planning and conducting school activities.

B.Ed. Trainees Conduct Zumba Session at GHSS Veliyancode



B.Ed. trainee teachers of M.I. Training College, Ponnani, organised a Zumba session at GHSS Veliyancode as part of their school internship programme. The session aimed to promote physical fitness, mental well-being and an active lifestyle among students.



The programme introduced students to Zumba, a fitness activity that combines music and dance movements. Students participated enthusiastically, making the session energetic and enjoyable. The activity encouraged students to engage in physical exercise in a fun and interactive way.

MI Training College to Conduct First Semester Second Internal Examinations

M.I. Training College, Ponnani, will be conducting the First Semester Second Internal Examinations for the 2026–2028 B.Ed. batch from October 26 to 30, 2026. The examinations will be held from 9:30 a.m. to 10:30 a.m. each day.

The examinations will commence on October 26 with Education in Contemporary India (EDU01), followed by Development of the Learner (EDU02) on October 27, School Organization (EDU03) on October 28, and Understanding Disciplines and Subjects (EDU04) on October 29. The final examination, Optional (EDU05), will be held on October 30.

The examinations aim to assess student-teachers'understanding of the subjects covered during the semester and support their academic development. The college has arranged the examinations according to the published timetable to ensure the smooth conduct of the assessment process.

MI Training College B.Ed. Trainees Conduct Yoga Sessions at Schools

B.Ed. trainee teachers of M.I. Training College, Ponnani, conducted yoga sessions at GHSS Edappal and GHSS Veliyancode as part of their school internship programme. The sessions aimed to promote physical fitness, mental well-being and the importance of maintaining a healthy lifestyle among school students. The sessions introduced students to various yoga practices, including basic postures, breathing exercises and relaxation techniques. Students participated enthusiastically and learned how regular yoga practice can help improve concentration, flexibility and emotional balance. The initiative highlighted the importance of yoga in promoting holistic health and well-being among students. It also provided the trainee teachers with valuable experience in organising health and wellness activities and encouraged them to integrate yoga into school education.











