

MITC TIMES

FROM MI TRAINING COLLEGE, PONNANI



INDEPENDENCE DAY CELEBRATED AT MITC PONNANI

M.I. Training College, Ponnani, celebrated Independence Day with patriotic spirit and enthusiasm. The programme was organised by the IQAC of MITC Ponnani in collaboration with NSS Unit 344.

The celebrations commenced with the hoisting of the National Flag at 9.05 a.m. Students, teachers and staff participated in the ceremony with great enthusiasm. The flag hoisting was followed by the National Anthem, creating a solemn and patriotic atmosphere on the campus.

Historian T. V. Abdul Rahim Kutty delivered the special Independence Day message. He spoke about the significance of India's independence, the sacrifices of the freedom fighters and the responsibility of the younger generation to protect the democratic and secular values of the country.

A Patriotic Song Competition was conducted as part of

the celebrations. Students participated enthusiastically and presented a variety of patriotic songs. Their melodious performances filled the campus with a strong sense of patriotism, unity and national pride.

The competition provided students with an opportunity to showcase their musical talents, creativity and confidence. The performances were well received by the audience, and the active participation of students added colour and vibrancy to the Independence Day celebrations.

The programme concluded with the National Anthem, with all the participants standing together in respect and honour of the nation. The celebration served as a meaningful reminder of the sacrifices made for India's freedom and encouraged students to become responsible citizens committed to the progress and development of the country.

NSS Unit and Alumni Association Donate Water Heater to Govt. Women & Children Hospital Ponnani



Ponnani, August 11: The NSS Unit 344 and Alumni Association of M.I. Training College, Ponnani, jointly donated a 25-litre water heater to the Government Women & Children Hospital, Ponnani, to provide hot water for mothers and children undergoing treatment at the hospital.

The initiative was organised with the objective of ensuring access to warm water for better hygiene, care and comfort for mothers and children. The organisers highlighted the importance of providing a clean, safe and comfortable environment for patients during their stay at the hospital.

The programme reflected the commitment of the NSS Unit and Alumni Association towards



social responsibility and community welfare. The initiative also highlighted the importance of collective efforts in supporting public healthcare institutions.

The water heater was formally switched on by A.M. Abdul Samad, Secretary of M.I. Sabha. Hospital authorities appreciated the initiative and the social commitment shown by the NSS Unit, trainee teachers and the Alumni Association.

The programme was presided over by Dr. P. Noufal, Principal, M.I. Training College. Dr. Sreeja P.K., Deputy Superintendent of the Hospital; Sulaiman, Hospital Store Superintendent; and Ameen Farooq, NSS Programme Officer, among others, addressed the gathering.

NSS Unit 344 Organises Garden Cleaning Drive at Govt. Women & Children Hospital



Ponnani, August 11: NSS Unit 344 of M.I. Training College, Ponnani, organised a Garden Cleaning Drive at the Govt. Women & Children Hospital, Ponnani, as part of the Swachhata Pakhwada Programme. The programme was aimed at promoting cleanliness, environmental responsibility and community well-being.

The cleaning drive began at 10 a.m. and focused on cleaning and maintaining the hospital garden and its surrounding areas. NSS volunteers actively participated in removing waste, clearing unwanted vegetation and improving the overall appearance of the hospital premises.

The initiative highlighted the importance of maintaining a clean and hygienic environment, particularly in a healthcare institution. The volunteers worked together with enthusiasm



and dedication to create a greener and healthier atmosphere for patients, visitors and hospital staff. The programme also sought to create awareness among the public about the importance of cleanliness and responsible waste management. The volunteers conveyed the message that a clean environment contributes significantly to better health and a healthy community.

The Garden Cleaning Drive reflected the NSS Unit's commitment to social service and environmental protection. The programme concluded with a call for collective efforts to keep public spaces clean, green and beautiful and to build a healthier community for a better tomorrow. A water sprinkler for the hospital garden was also provided as part of the social service initiative.

Micro Teaching Orientation for New Batch 2026-2028

M.I. Training College, Ponnani, organised a Micro Teaching Orientation Programme for the newly admitted 2026-2028 B.Ed. batch to familiarise student teachers with the concept, objectives and importance of micro teaching in teacher education. The orientation focused on developing essential teaching skills and building confidence among the new trainees.

The sessions were led by Dr. Noufal P., Principal, MITC; Sheheena A.M., Assistant Professor of Social Science; Ameen Farook U.K., Assistant Professor of English; Maneesha Manoharan K., Assistant Professor of Physical Science; and Liya V. Raj, Assistant Professor of Mathematics. The faculty members provided guidance on various aspects of micro teaching, including lesson presentation, questioning, reinforcement, classroom interaction and effective teaching techniques.

The programme helped the new batch gain a clear understanding of micro teaching and prepared them for their upcoming teaching practice. The orientation marked a valuable beginning to their professional journey as future teachers.

Digital Pookkalam and Reels Making Competitions to Be Held

M.I. Training College, Ponnani, in association with the NSS Unit, will organise Digital Pookkalam and Reels Making Competitions as part of the upcoming Onam celebrations. The competitions will provide students with an opportunity to showcase their creativity, digital skills and cultural talents. Entries for the Digital Pookkalam competition will be accepted until 12 noon on August 19, 2026, while Reels Making entries can be submitted until 10 a.m. on August 22, 2026, encouraging students to blend Kerala's rich cultural traditions with modern digital creativity.

Independence Day Celebrated at Various Schools During Internship Programme



As part of their internship programme, trainee teachers of M.I. Training College, Ponnani, participated in Independence Day celebrations at various schools on August 15.

The trainee teachers actively joined the celebrations organised by their respective internship schools. The programmes included flag hoisting, patriotic songs, speeches, cultural programmes and awareness activities highlighting the importance of India's Independence and the values of freedom, unity and national responsibility.

The participation of trainee teachers added enthusiasm

to the celebrations and provided them with valuable practical experience in organising and managing school-level programmes. They also interacted with students and encouraged them to understand the significance of Independence Day and the responsibilities of citizens.

The celebrations reflected the spirit of patriotism and unity among students, teachers and trainee teachers. The internship programme thus provided the trainees with an opportunity to actively contribute to the educational and co-curricular activities of the schools while strengthening their professional skills

First Aid Training Programme Conducted at GHSS Veliyancode



As part of the internship programme, a First Aid Training session was organised at GHSS Veliyancode in collaboration with the NSS Unit and M.I. Training College, Ponnani. Trainee teachers Suryalakshmi and Shareefa led the session, which focused on equipping students with essential first-aid and emergency-response skills.

The participants received training in CPR, responding to critical situations and handling choking emergencies. The session highlighted the importance of providing immediate assistance before professional medical help arrives and helped students develop confidence in dealing with emergencies. The programme successfully promoted awareness of health, safety and first-aid preparedness among the students.

The programme provided students with valuable practical knowledge and encouraged them to respond confidently during emergency situations. The training was successfully conducted as part of the internship activities, promoting health, safety and emergency preparedness among the students

Swadeshi Mega Quiz Competition Conducted at Various Schools



As part of the internship programme, trainee teachers of M.I. Training College, Ponnani, organised the Swadeshi Mega Quiz Competition at various internship schools. The competition was conducted with the aim of encouraging students to develop their general knowledge, awareness and interest in Indian heritage and national values.

Students from different classes participated enthusiastically in the quiz, which included questions from areas such as Indian history, culture, freedom movement, science, current affairs and general knowledge. The programme provided students with an engaging opportunity to learn beyond the classroom and demonstrate their knowledge and skills.

The initiative also gave trainee teachers valuable experience in organising academic and co-curricular activities during their internship. The enthusiastic participation of students and the support of school authorities contributed to the successful conduct of the Swadeshi Mega Quiz Competition.

Ten Rupees Challenge Conducted During Internship



As part of the internship programme, trainee teachers organised a “Ten Rupees Challenge” at GHSS Kadanchery in collaboration with NSS Units 344 and 297. The initiative aimed to encourage students to make small contributions towards supporting the dialysis treatment of people in need.

The campaign highlighted the message that even a small contribution can make a meaningful difference in someone's life. Students were encouraged to contribute ₹10 or more and motivate others to participate in the charitable initiative.

The programme promoted values of kindness, social responsibility and compassion among students and provided trainee teachers with an opportunity to engage in meaningful community-oriented activities during their internship.

AURA – The Talent Canvas Held at M.I. Training College



M.I. Training College, Ponnani, organised “AURA – The Talent Canvas,” a vibrant talent celebration aimed at providing students with a platform to express and showcase their artistic abilities. The programme was organised by the college in association with the NSS Unit 344 and Internal Quality Assurance Cell (IQAC)

The programme was inaugurated by Dhanya Ajithkumar, singer, dancer and actress, who attended as the chief guest. The event featured a variety of artistic performances and provided students an opportunity to demonstrate their talents in a lively and encouraging atmosphere. The programme began at 9:30 a.m. at the College Auditorium

The event highlighted the importance of nurturing creativity and encouraging students to explore their talents beyond academics. The enthusiastic participation of students made AURA – The Talent Canvas a memorable celebration of art, creativity and self-expression

Indian Flag Colouring Competition Held for Anganwadi Students

As part of the Independence Day celebrations, NSS Unit 344 of M.I. Training College, Ponnani, organised an Indian Flag Colouring Competition for Anganwadi students. Children from 10 Anganwadis, with around 140 students, participated enthusiastically in the competition, which aimed to nurture patriotism, creativity and national values among young minds.

The programme was presided over by Dr. P. Noufal, Principal, M.I. Training College. Sheheena, Assistant Professor, M.I. Training College, welcomed the gathering, while T.V. Abdurahimankutty, historian, inaugurated the programme. Ameen Farook, NSS Programme Officer, offered felicitations. Anganwadi teachers and parents also participated in the programme and encouraged the young participants

The colouring competition provided the children with an enjoyable opportunity to express their love for the nation through art. Certificates and prizes were distributed to the participants and winners. The programme successfully combined patriotism, creativity and community participation, making the Independence Day celebration memorable for the children.

