

# MITC TIMES

## FROM MI TRAINING COLLEGE, PONNANI



Dr. Santhosh Kumar Vallikkad inaugurating the session

## LINK 2026: FOUR-DAY COMMUNITY LIVING CAMP CONCLUDES

The four-day Community Living Camp, LINK 2026, organized by MITC Ponnani concluded successfully on May 23 with active participation from students, faculty members, and coordinators.

The camp, conducted with the theme “Connected Minds and Shared Futures,” aimed at developing leadership qualities, teamwork, social awareness, and community living skills among students. Various educational, cultural, and social service activities were organized during the camp..

The inaugural function held on May 20 began with a prayer by Risla and Arifa. Fayis P.S., Camp Coordinator, welcomed the gathering, while Dr. Noufal P., Principal of MITC Ponnani, presided over the function. The camp was inaugurated by Dr. Santhosh

Vallikkad, Principal of NSS College Manjeri. Felicitation speeches were delivered by A.M. Abdusamad, Secretary of MIA, and Praseena A.R.K., PTA Vice President. Hamna P.V., Student Coordinator, delivered the vote of thanks.

The first day featured an inspiring art and drama session led by Dr. Santhosh Vallikkad. Various educational, cultural, and community engagement sessions were conducted during the four-day camp, helping students develop leadership, teamwork, and social responsibility. These activities encouraged students to strengthen their communication skills, creativity, and sense of cooperation. The camp also provided an opportunity for students to experience community living and understand the importance of unity, discipline, and social commitment.

## Students Visit ILA Foundation as Part of Community Living Camp



Najeeb Kuttippuram interacting with students of MITC Ponnani

As part of the four-day Community Living Camp organized by MITC Ponnani, students visited ILA Foundation at Kuttippuram on May 21, 2026.

The visit was conducted under the theme “Hands that Heal – Connected Minds & Shared Futures” as part of LINK 26 activities. The session was held from 9:00 AM to 1:30 PM and aimed to provide students with awareness about social service, community care, and humanitarian activities

During the visit, students had an interactive talk session with Najeeb Kuttippuram. He shared valuable thoughts on social responsibility, community service, compassion, and the importance of helping others in society. His motivational words inspired students to actively participate in humanitarian and social welfare activities. The visit became one of the memorable experiences of the community living camp

## MITC Students Visit Ponnani Fire Station



A memorable moment from the fire station awareness visit organized during the Community Living Camp of MITC Ponnani.

As part of the four-day Community Living Camp LINK 2026, students of MITC Ponnani visited the Ponnani Fire Station on May 21 as part of the second day camp activities.

The visit was organized with the aim of creating awareness about fire safety, emergency response, and the dedicated service of firefighters in protecting lives and property. Fire and rescue officers introduced students to various safety measures, rescue equipment, and emergency handling procedures.

During the session, students learned about disaster management, teamwork, discipline, and the importance of quick response during emergencies. The officers also demonstrated the functioning of fire and rescue vehicles and explained different methods used in rescue operations.

Teachers and camp coordinators appreciated the informative visit, stating that such practical learning experiences help students develop social awareness and preparedness in emergency situations. The visit to the fire station became an inspiring and educational experience for the participants of LINK 2026

## MITC Faculty Participate in Fourth Semester Valuation Camp

Faculty members of MI Training College Ponnani participated in the Fourth Semester B.Ed Examination Valuation Camp which commenced on May 18 at IASE Thrissur.

The valuation camp was organized as part of the university examination evaluation process with the participation of educators from various teacher education institutions across the state. Faculty members from MI Training College Ponnani actively took part in the assessment and valuation of answer scripts.

The camp provided an opportunity for academic collaboration and professional engagement among teacher educators. College authorities appreciated the dedication and academic commitment of the faculty members participating in the centralized valuation process.

## Calicut University Opens B.Ed Admissions 2026–28

Online applications are now open for the two-year Bachelor of Education (B.Ed) program under Calicut University for the 2026–2028 academic batch.

Eligible UG and PG graduates can apply for optional subjects including English, Mathematics, Physical Science, and Social Science through the official university portal (<https://admission.uoc.ac.in/>). As seen in the notification IMG-20260523-WA0044.jpg, the last date to submit applications is June 3, 2026

## Puppetry Workshop Conducted at MITC Ponnani



As part of the LINK '26 Community Living Camp, MITC Ponnani organized a special puppetry workshop titled "Strings of Story" on May 22 at the college auditorium.

The workshop was led by Mrs. Jyothi Krishna, Art Educator, who introduced students to the creative world of puppetry and storytelling. The session aimed to enhance creativity, communication skills, artistic expression, and interactive learning among participants

During the workshop, students learned about different styles of puppetry, character presentation, voice modulation, and the role of storytelling in education and cultural expression. Interactive demonstrations and practical activities made the session lively and engaging for the participants

## Sufaina Named Best Camper at MITC Camp



**Sufaina P**  
Best Camper



**Shareefa H H**  
Star of the Camp

The valedictory function was held in the presence of faculty members and students. Awards were distributed to recognize outstanding participants of the camp. Sufaina from the English Department was selected as the Best Camper for her excellent participation and leadership qualities throughout the camp. Shareefa H.H. from the English Department was honoured as the "Star of the Camp" for her active involvement and remarkable performance in various camp activities.

## LINK 2026: M.I. Training College Organizes Innovative Skill Development Sessions

M.I. Training College, Ponnani, under its National Service Scheme (NSS) unit, hosted an impactful student empowerment program titled "LINK 2026" focusing on psychological insights and future-ready educational skills

The first major session, "The Unseen Known – Mentalism," was led by popular mind-tune coach, psychological counselor, and life skill trainer Anooof Paravannur at the college auditorium. The interactive evening session introduced students to mental agility, self-awareness, and cognitive training methodologies.

Following this, Session 2 titled "The Teacher Within – Future Teachers" was conducted by Mr. Muhammed Khan, an IGP Senior Trainer, counseling psychologist, mentalist, and world record holder. This session aimed to inspire, empower, and enrich the core values of upcoming educators, focusing on transforming the traditional approach to teaching. Both sessions saw active participation from faculty members and teacher-trainees alike

## MITC Health Club Marks Sixth Week of 'Fit Stars' Fitness Drive



**PP Ajna Sherin**  
Most Consistent Star

MI Training College, Ponnani, has introduced a motivating initiative titled "Fit Stars of the Week" to recognize and encourage students' commitment to health, fitness, and positive lifestyle practices.

As part of this weekly recognition programme, three students were honoured for their outstanding efforts in different categories. PP Ajna Sherin was awarded the Most Consistent Star for her regular dedication to fitness activities. Thoufira K received the Most Improved Star title for showing remarkable progress, while Munshidha C was recognized as the Positive Energy Star for inspiring others



**Thoufira K**  
Most Improved Star

with her enthusiasm and positive attitude. The initiative aims to promote physical well-being, consistency, and motivation among students, encouraging them to adopt healthy habits alongside their academic pursuits.

The college authorities appreciated the efforts of the selected students and congratulated all participants, highlighting the importance of maintaining a balanced and healthy lifestyle.



**Munshidha C**  
Positive Energy Star

## MI Training College Organises Wellness and Fitness Sessions under LINK 2026

MI Training College Ponnani organized a series of wellness and fitness programmes as part of LINK 2026 with the aim of promoting physical and mental well-being among students. The programmes focused on healthy living, fitness awareness, stress relief, and personal development through yoga, dance, and morning exercise sessions.

A yoga session titled "Yoga: Harmony of Body and Mind" was conducted on 21 May 2026 at the college auditorium. Dr. Mohamed Azeed VK, Assistant Professor of Physical Education, MES Ponnani College, led the session and highlighted the importance of yoga in maintaining physical fitness and mental peace

On 22 May 2026, a classical dance session titled "Move Freely – A Joyful Expression" was conducted by Mrs. PoushimaVP, Assistant Professor and Performing Arts Educator. The programme introduced participants to the beauty of classical dance and emphasized self-expression, confidence, and stress relief through art and movement.

The activities continued with a morning jogging programme titled "Pathways Forward: Miles & Milestones" held on 23 May 2026 under the guidance of Mr. Nikhil P.V., Assistant Professor, Physical Education Department. The session encouraged students to build endurance, maintain healthy habits, and develop team spirit through physical activity.

## MI Training College Ponnani Celebrates 100th Episode of Literary Lens



MI Training College Ponnani celebrated the 100th episode of its Literary Lens programme on 22 May 2025 at the college auditorium from 7.00 pm to 8.00 pm. The special programme honoured women writers and highlighted the role of literature in inspiring social awareness and creative expression among students and readers.

The programme featured presentations and reviews of various literary works by participants.

Murshida Kadavanad presented Snehathilakkam, Mizhi Thurakkumbol, Shahala Veliyancode reviewed Bilan Kooth, and Sauda Ponnani discussed Poovil Chavittumbol Kaal Pollathavar. T. Nahida presented Perunnayki, Deepa Ajesh reviewed Kaarikuth, while Aleeza Shihab discussed Kayyamatilodunga Atha Vishasarpangal. Nisha Sadheesh also shared insights on Varnnashalabhangal

The event reflected the continued efforts of MI Training College Ponnani in promoting reading habits, literary appreciation, and meaningful discussions through the Literary Lens initiative