

# MITC TIMES

## FROM MI TRAINING COLLEGE, PONNANI



Participants of the Life Skill Camp at MI Training College

## LIFE SKILL TRAINING PROGRAM HELD AT MI TRAINING COLLEGE

Life Skill Training program was successfully conducted at MI Training College, Puthuponnani, on Saturday as part of the Bridging Education Project. The event was jointly organized by the Centre for Social Innovations and Lifelong Learning (CSILL) and the NSS Unit 344 of MI Training College.

The formal Life Skill Training session held on April 25 was inaugurated by Smt. Soudamini, Chairperson of the Education Standing Committee, Ponnani Municipality. In her inaugural address, she highlighted the growing importance of life skills in today's fast-changing world and appreciated the efforts of the organizers in empowering students beyond academics

The program was presided over by Mr. P.T. Shihab, Director of CSILL, who emphasized the objectives of the Bridging Education Project and the need for holistic development among youth. Mr. Ameen Farooq, NSS Program Officer of MI Training College, was also present.

One of the major highlights of the program was a collaborative drawing activity, where students worked together on large sheets, expressing ideas creatively. The activity encouraged imagination, teamwork, and self-expression. In another session, participants sat in groups across the hall, engaging in writing and reflective exercises that promoted critical thinking and emotional awareness

## STUDENTS ENGAGE IN PALLIATIVE HOME CARE DURING VACATION

In a compassionate initiative, NSS students of MI Training College, Puthuponnani, actively participated in palliative home care services across various centers during their vacation period. The program was organized as part of the National Service Scheme's commitment to community service and social responsibility.

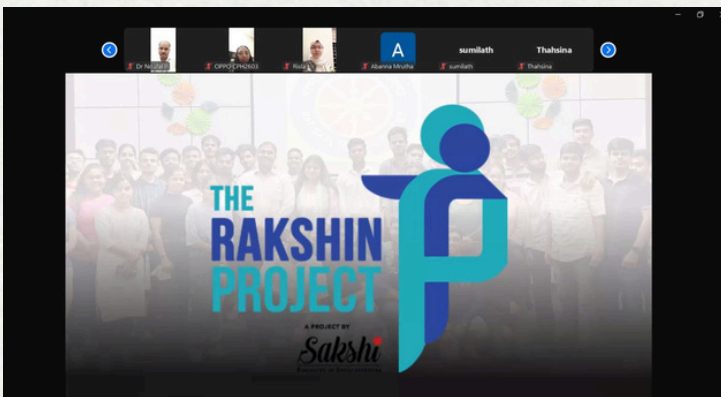
The students visited different palliative care centers and homes, assisting healthcare workers in providing basic care and offering emotional support to patients and their families. Their presence brought comfort and encouragement to those undergoing long-term treatment

Through this service, NSS volunteers gained valuable real-life experience and developed empathy, communication skills, and a strong sense of social commitment. Many students described the experience as deeply meaningful and enriching.

Program coordinators appreciated the dedication of the NSS volunteers, stating that such initiatives help nurture responsible and compassionate citizens

The effort reflects the true spirit of the National Service Scheme, emphasizing "Not Me, But You," and highlights the important role of youth in community welfare

## Online Awareness Session on POCSO Act Conducted at MI Training College



Participants attend an online awareness session on child protection and the POCSO Act organized under The Rakshin Project.

An online awareness session on "Stop Child Sexual Abuse – POCSO Act 2012" was organized by The Rakshin Project in association with MI Training College, Ponnani, on April 25 from 7:30 PM to 8:30 PM via Zoom.

The programme aimed to educate students about child protection laws and promote awareness on preventing sexual abuse. The session was handled by Ms. Sreelekshmi, who also served as the scheduler of the programme. Ms. Christa Christy acted as the co-host.

The session was conducted bilingually in Malayalam and English, making it accessible and engaging for a wider audience. Participants actively interacted during the session, raising questions and sharing their views on issues related to child safety, consent, and legal awareness.

The programme was convened by Dr. Noufal, with Mr. Ameen Farook U K, NSS Programme Coordinator, overseeing the organization. Hadiya, the student coordinator, played a key role in coordinating the participants and ensuring the smooth conduct of the session.

The workshop highlighted important aspects of the POCSO Act, 2012, and emphasized the responsibility of individuals and institutions in safeguarding children from abuse.

## MI Training College to Host National Conference on Transforming Teacher Education

MI Training College, Ponnani will host a two-day National Conference on "Transforming Teacher Education for Vikasit Bharat 2047" on May 14 and 15, 2026.

The programme will be organized by the IQAC in collaboration with the Council for Teacher Education Foundation (CTEF), Kerala. Eminent academicians from leading institutions are expected to deliver sessions on NEP 2020, innovative pedagogy, and curriculum transformation.

Faculty members, research scholars, and students are invited to participate and present research papers.

The conference aims to foster dialogue on strengthening teacher education in alignment with national development goals.

For more details please visit our website: [www.mitc.ac.in](http://www.mitc.ac.in)

## MITC Invites Book Chapter Submissions on Educational Transformation

MI Training College, Ponnani, through its IQAC and Research Cell, has invited book chapter submissions for an edited volume titled "Educational Transformation in India: Pathways to Quality and Excellence." Academicians, researchers, teachers, and students are encouraged to submit original papers on themes such as NEP 2020, inclusive education, and innovation in teaching by April 30, 2026. Selected papers will be published in a peer-reviewed book with ISBN, aiming to enhance the quality and excellence of education in India

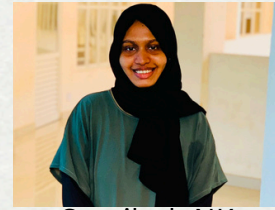
## Inter-Collegiate Digital Collage Competition Held at MITC in Connection with Earth Day



Anusree K  
BVNCTE Kallekkad



Chanchal K  
BRITE Ramanattukara



Sumilath NK  
MITC Ponnani

The Internal Quality Assurance Cell (IQAC) of MI Training College, Ponnani, organized an Inter-Collegiate Digital Collage Making Competition in connection with Earth Day, attracting creative participation from students across various colleges. The competition aimed to promote environmental awareness and encourage students to express their ideas on sustainability through digital art. Participants showcased innovative and thought-provoking collages reflecting the theme of environmental conservation and the need for a sustainable future.

Anusree K from BVNCTE Kallekkad, Palakkad, secured the first prize, while Chanchal K from BRITE Ramanattukara, Kozhikode, won the second prize. The third prize was bagged by Sumilath NK from MI Training College, Ponnani

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## MITC Health Club Marks Second Week of 'Fit Stars' Fitness Drive



Shahanas PV  
Most Consistent Star



Naja Jasmin  
Most Improved Star



Amjidha Jasmin  
Positive Energy Star



MI Training College, Ponnani, has introduced a motivating initiative titled "Fit Stars of the Week" to recognize and encourage students' commitment to health, fitness, and positive lifestyle practices.

As part of this weekly recognition programme, three students were honoured for their outstanding efforts in different categories. Shahanas PV was awarded the Most Consistent Star for her regular dedication to fitness activities. Naja Jasmin received the Most Improved Star title for showing remarkable progress, while Amjidha Jasmin was recognized as the Positive Energy Star for inspiring others with her enthusiasm and positive attitude.

The initiative aims to promote physical well-being, consistency, and motivation among students, encouraging them to adopt healthy habits alongside their academic pursuits.

The college authorities appreciated the efforts of the selected students and congratulated all participants, highlighting the importance of maintaining a balanced and healthy lifestyle.

### എന്റെ വിദ്യാലയം

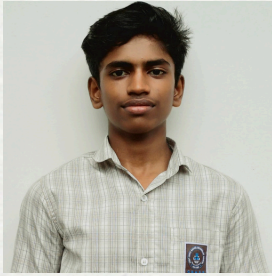
അറിവിൻ നിലാവെട്ടം തൂകിടും വീട് അക്ഷരമുറ്റത്തെ സ്നേഹക്കൂട് കൂട്ടുകാരുമൊത്തു കളിച്ചുചിരിക്കാൻ കൂട്ടായി നിൽക്കുന്ന കളിവിട്.

ഗുരുനാഥൻ പകരം വിദ്യതൻ അമൃതം നന്മതൻ പാതയിൽ നയിച്ചിടും വെളിച്ചം വലുതാകാൻ സ്വപ്നം കാണുവാൻ പഠിപ്പിക്കും മനസ്സിലെ മായാത്ത ചന്ദനഗന്ധം.

Nandhana KV  
English Department  
2025-2027 Batch



## WORLD BOOK DAY CELEBRATED WITH BOOK REVIEW COMPETITION AT MITC PONNANI



**Arshad K**  
GBHSS Tirur



**Aishah Zarah**  
NEMHSS Chemmad



**Hana T.H**  
MIGHSS Puduponnani



**Ayisha KM**  
DGHSS Thanur



**Jaseeba Bava**  
MITC Ponnani



**Swaliha Yahya**  
KMCT College of Pharmacy,  
Kuttippuram



**Anagha VP**  
BRITE Ramanattukara

The Internal Quality Assurance Cell (IQAC) of MI Training College (MITC), Ponnani, organized a Book Review Competition as part of the World Book Day Celebration 2026. The programme aimed to promote reading habits, critical thinking, and literary appreciation among students

In the college-level competition, Jaseeba Bava of MITC Ponnani secured the first prize, followed by Swaliha Yahya from KMCT College of Pharmacy, Kuttippuram, and Anagha VP from BRITE Ramanattukara, who won the second and third prizes respectively

At the school level, Arshad K of GBHSS Tirur bagged the first prize. Aisha Zarah from NEMHSS Chemmad and Hana TH from MIHSS Pudupnannani shared the second position, while Ayisha KM from DGHSS Thanur secured the third prize.

The event witnessed enthusiastic participation from students across institutions. The organizers appreciated the efforts of all participants and emphasized the importance of reading as a tool for knowledge and personal growth. The programme concluded with a note of encouragement to continue nurturing a love for books